PREPARE · BEFORE AN EMERGENCY

Emergency Kit Checklist

Build a kit with enough supplies to support your household for at least 3 days. Check items off as you gather them.

Water & Food

- ☐ 1 gallon of water per person, per day (3-day supply)
- ☐ Non-perishable food (3-day supply)
- ☐ Manual can opener
- ☐ Paper plates, cups, and utensils

Health & Safety

- ☐ Prescription medications (7-day supply)
- ☐ First aid kit
- ☐ Flashlight
- ☐ Extra batteries
- ☐ Whistle (to signal for help)
- ☐ Dust masks

Documents & Communication

- ☐ Copies of ID and insurance papers (in a waterproof bag)
- ☐ Cash in small bills
- ☐ Phone charger / portable battery pack
- ☐ Battery-powered or hand-crank radio
- ☐ Local map

Household & Pets

- ☐ Blankets or sleeping bags
- ☐ Change of clothes per person
- ☐ Pet food and supplies (if applicable)
- ☐ Sanitation and hygiene items
- ☐ Trash bags and duct tape
- ☐ Basic tools (wrench, pliers)